

SPRAY TAN

Tips

I RECOMMEND YOU GET YOUR SPRAY TAN AT LEAST 24 HOURS PRIOR TO YOUR EVENT.

YOU WILL WANT TO GIVE THE TAN ENOUGH TIME TO FULLY DEVELOP AND RINSE OFF THE INSTANT COSMETIC BRONZER BEFORE YOUR EVENT TO AVOID RUBBING COLOR OFF ON YOUR CLOTHING.

SPRAY TAN IS NOT MEANT TO BE WORN OUT WITH COSMETIC BRONZER. YOUR FINAL RESULT WILL BE AFTER YOU HAVE SHOWERED.

IF YOU'RE NERVOUS ABOUT THE COLOR, DO A TRIAL RUN TO EASE YOUR MIND! I RECOMMEND YOU DO THIS A COUPLE WEEKS IN ADVANCE SO YOUR SPRAY TAN IS APPLIED TO FRESH SKIN WITH NO PREVIOUS TAN REMAINING.

SHAVE AND EXFOLIATE WELL THE DAY BEFORE YOUR TAN. (MAKE SURE TO USE AN OIL FREE EXFOLIANT IF YOU USE A SUGAR/SALT SCRUB).

THE SKIN CONTINUES TO SLOUGH OFF AFTER YOU EXFOLIATE THAT'S WHY I RECOMMEND THE DAY BEFORE.

NO OIL, MAKEUP, LOTION, DEODORANT ON YOUR SKIN FOR YOUR APPOINTMENT. WEAR LOOSE FITTING CLOTHING TO LEAVE YOUR APPOINTMENT IN. BRONZER FROM TANNING SOLUTION DOES COME OUT OF CLOTHING.

YOU WILL ALSO WANT TO WASH YOUR HAIR THE DAY BEFORE OR THE DAY OF YOUR TAN SO THAT YOUR FIRST SHOWER IS JUST A QUICK, WARM WATER RINSE. AFTER YOU HAVE RINSED OFF THE COSMETIC BRONZER FOR THE FIRST TIME (AFTER LETTING IT DEVELOP FOR THE APPROPRIATE TIME) YOU WILL WANT TO KEEP YOUR SKIN VERY MOISTURIZED.

DRY SKIN IS A SPRAY TANS WORST ENEMY.

EXTRA THINGS TO CONSIDER:

MANI/PEDI SHOULD BE DONE BEFORE YOUR TAN.

WAIT 24 HOURS POST TAN TO WORK OUT OR DO ANY OTHER ACTIVITIES THAT CAUSE YOU TO SWEAT. YOU WILL BE GIVEN BARRIER CREAM FOR YOUR NAILS/ANY AREA OF THE BODY THAT IS EXTREMELY DRY.

WHY SHOWERING 24 HOURS BEFORE YOUR TAN IS IMPORTANT:

I AM SURE YOU HAVE HEARD, "SHOWER & SHAVE BEFORE YOUR SPRAY TAN." YOU DO NOT WANT TO DO THIS RIGHT BEFORE YOUR SPRAY TAN SESSION!

HERE'S WHY:

DOING SO CAN RESULT IN A LIGHTER TAN AND A PATCHY OR STREAKY DEVELOPMENT. MANY SCRUBS, EXFOLIANTS, SOAPS, CONDITIONERS, ETC. LEAVE AN INVISIBLE FILM ON THE SKIN. THIS CAN AFFECT THE APPLICATION OF YOUR TAN AND RESULT IN A PATCHY/STREAKY LOOK.

WHEN YOU SHOWER YOU ARE HYDRATING YOUR SKIN. WHEN YOU GET A SPRAY TAN IMMEDIATELY AFTER (EVEN A FEW HOURS LATER) YOUR SKIN WILL NOT ABSORB AS MUCH OF THE PRODUCT SINCE YOUR SKIN IS ALREADY HYDRATED!

STREAKY LEGS: SHAVING CREAMS AND RAZORS WITH MOISTURIZING STRIPS LEAVE AN INVISIBLE FILM BLOCKING ABSORPTION. IN SOME CASES, YOU DID NOT RINSE LONG ENOUGH AND SOME OF THE COSMETIC BRONZER DID NOT RINSE OFF, RESULTING IN VISIBLE STREAKS. DO ANOTHER QUICK RINSE TO SEE IF THIS SOLVES THE ISSUE.

SPECKS ON YOUR LEGS (IN YOUR PORES): CHANCES ARE THAT YOU SHOWERED RIGHT BEFORE APPLICATION. THE HOT WATER OPENED UP YOUR PORES AND IT ABSORBED MORE OF THE BRONZER TAN CAME OUT LIGHT?- CHANCES ARE YOU SHOWERED RIGHT BEFORE, YOUR SKIN DID NOT ABSORB MUCH OF THE PRODUCT.

PATCHINESS CAN RESULT FROM FAILURE TO EXFOLIATE EVENLY AND THOROUGHLY. DEAD SKIN=BLOCHY TAN WHEN YOU APPLY MORE SPRAY TAN ON YOUR BODY WITHOUT SCRUBBING A PREVIOUS ONE OFF FIRST YOUR RESULTS WILL BE BLOCHY AND WILL FADE UNEVENLY